Sensory-Informed Architecture:

Long-Term Care for Individuals with Mid to Late Stage Dementia

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January - June 2023 Design Progress

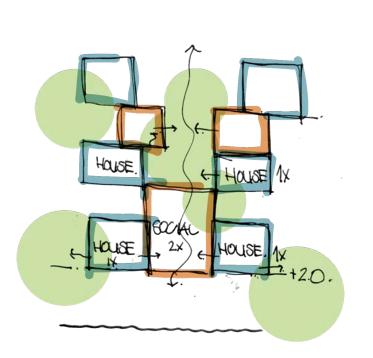
June 2023 Preliminary Review Presentation Content

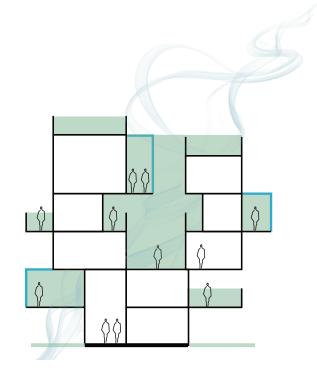
August - November 2023 Design Progress

November 2023 Intermediate Review Presentation Content

November - December 2023 Design Progress

December 2023 Final Review Presentation Content







Site Selection Criteria

Supportive Neighbourhood Characteristic for Dementia

Sensory Engagement



Direct sensory sensations of the environment help to remember & identify spaces

(Feddersen, 2014, pg. 11)

Sense of Time Seasonal Indications

(Dumurgier et. al., 2016)



Variety of Greenspaces Parks Greenways



Dunbar Fall Colours (Wilson, n.d.)

Character of Place



Unique spaces that to help identify with increase sense of belonging

(Feddersen, 2014, pg.11)



Unique CharacteristicsHistoric Significance



Vancouver Heritage Buildings (City of Vancouver, n.d.)

Active Surroundings



Decreased Loneliness

Providing Passive Observations

Community Inclusion

(Jones, 2018)



Neighbourhood Centres Social & Activity Hubs

Medium-High Density Multi-Family, Amenities



Vancouver Pop-Up Plaza (City of Vancouver, 2021)

Site Accessibility



Maintaining Relationships Increasing likely hood of visitations from friends & family

(Jones, 2018)



Variety of Access Route Major Vehicle Routes Public Transporation Greenways



Commercial-Broadway Station (Translink, 2019)

Site Selection Criteria

Supportive Neighbourhood Characteristic for Dementia

Sensory Engagement



Variety of Greenspaces
Parks
Greenways



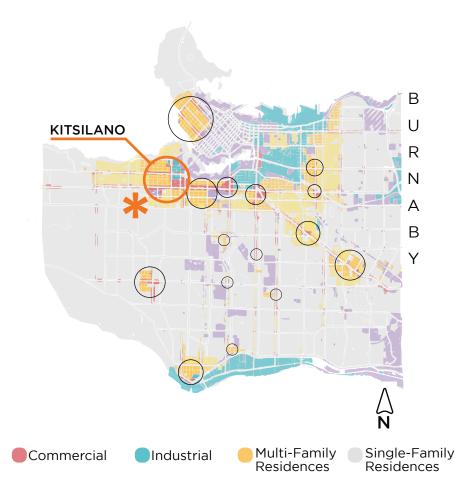
Vancouver Greenspaces
Parks & Greenways

Active Surroundings



Neighbourhood Centres Social & Activity Hubs

Medium-High DensityMulti-Family, Amenities



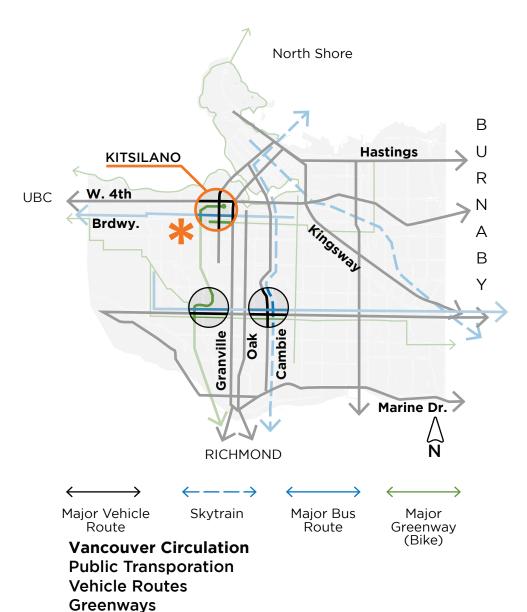
Vancouver Zoning & Density Map



Site Accessibility



Variety of Access Route Major Vehicle Routes Public Transporation Greenways



Neighbourhood Selection: Kitsilano Walkability Radius

Individuals living with dementia should excercise up to 30 minutes a day

(Alzheimer's Society, n.d.)

10min. walk = 0.5 km

Sensory Engagement



Variety of Greenspaces
Parks
Greenways

Cornwall Ave. W. 4th W. 12th W. 16th W. 16th

0.5km Radius Circle

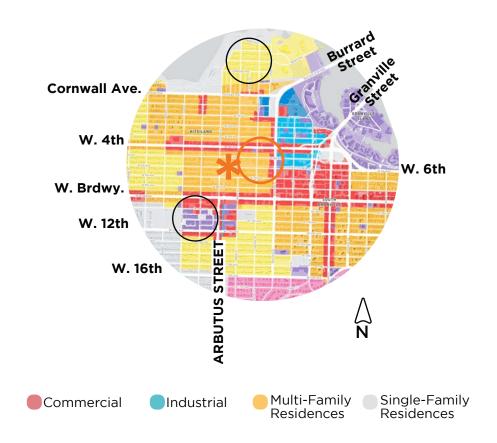


Active Surroundings



Neighbourhood Centres Social & Activity Hubs

Medium-High DensityMulti-Family, Amenities



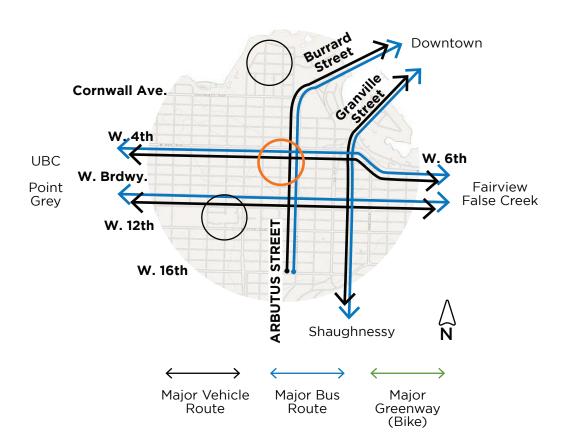
Site Accessibility

KITSILANO

FALSE CREEK



Variety of Access Route Major Vehicle Routes Public Transporation Greenways



Vancouver Zoning & Density Map

Vancouver Circulation
Public Transporation
Vehicle Routes
Greenways

Character of Place: Kitsilano Micro Neighbourhood Profile

Kitsilano's Oldest Intact Neighbourhood - Pre-WW1 (Heritage Vancouver, 2013)



2050 West 5th (Heritage Vancouver Society, n.d)



2090 West 5th (Heritage Vancouver Society, 2011)



2068 West 6th (Heritage Vancouver Society, n.d)



Maple Street & W 4th Neighbourhood Plaza (City of Vancouver, 2021)



West 4th Street (Google Earth, 2021)



(City of Vancouver, n.d)

Cypress Community Garden (Smith, n.d)



"City Farmer" **Demonstration Garden** (City Farmer, 2022)



ECity Farmer

Arbutus

Greenway





Arbutus Coffee (Heritage) (Th3rd Wave, n.d.)



Historic Delamont Park (Th3rd Wave, n.d.)



St. Augustine Parish (Esterhuizen, 2018)

Character of Place: Kitsilano

Block Profile

Late 1980s Multi-Family Homes







2014 Maple Street (Google Earth, 2022) Biophilia

2104-2108 Maple Street (Google Earth, 2022)





Social Space

Warm | Soft | Vibrant



2080 West 5th Ave (Stefan, n.d.)

Accessible



2112 Maple Street (Stonehouse Team, n.d.)

A Sensory Engaging Care Residence for Mid-Late Stage Dementia





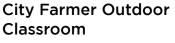
Compost Demonstration Garden **Social & Activity Hubs**

Education centre on growing food in the city, composting & home landscaping in environmentally responsible ways

(City Farmer, 2022)









Arbutus Greeneway Visual Engagement (City Farmer, 2022)

(City Farmer, 2022)

Site Inventory: Existing Structures



Multi-Family (Side) Early/Mid (Google Earth, 2022)







Multi-Family House Contemporary (VLR, 2020)



Single-Family House Contemporary (Google Earth, 2022)



Multi-Family Heritage House Gabled Vernacular (Google Earth, 2022)



MF-1

Multi-Family House Late 1980s (Google Earth, 2022)



Single-Family Heritage Houses (Rear) "Permeable Lane" (City Farmer, n.d.)

Existing Site Streetscape: West 5th Avenue

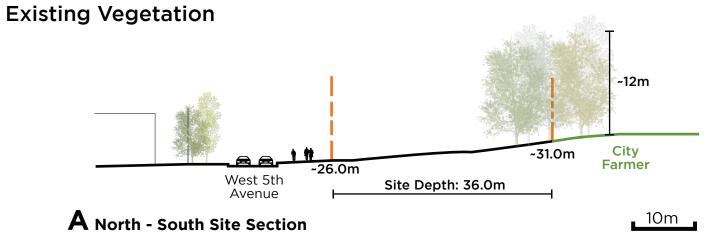


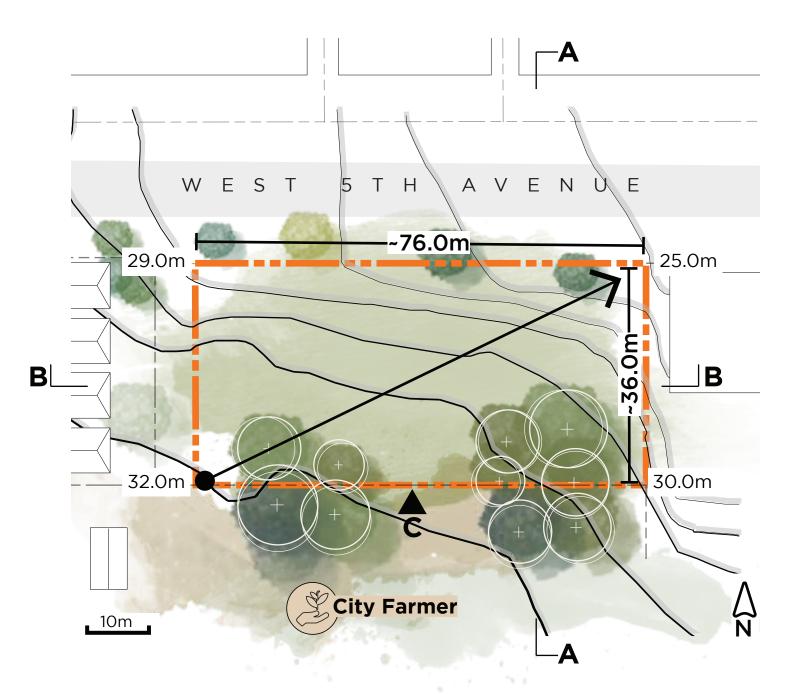


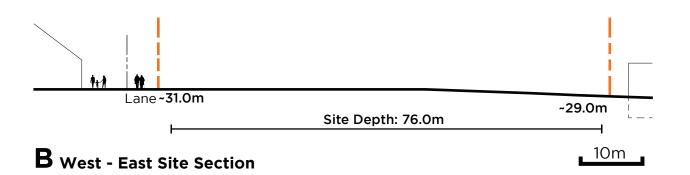


Site Aerial

Site Inventory











West 5th Vegetation May (Google Earth, 2022)



West 5th Vegetation June (Google Earth, 2022)



West 5th Vegetation October (Google Earth, 2022)

Site Sensory Engagement Visual



NE
Distant North Shore Mountains
Seasonal & Directional Orientation
Sensory Engagement
(Dyck, 2021)



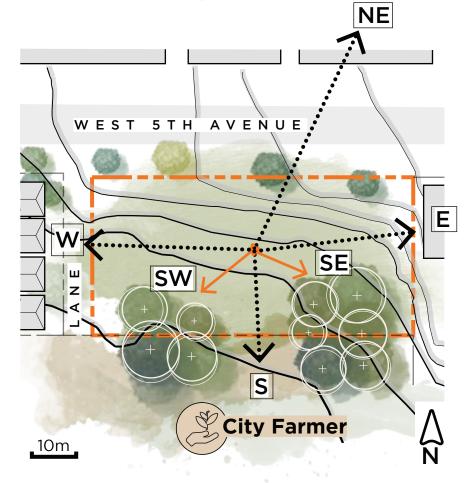
Single-Family Heritage Housing (Rear)

Active Surroundings | Sensory Engagement

W

"Permeable Lane"

(VanMap, 2022)







On & Off-site Softscaping
Seasonal & Directional Orientation | Sensory Engagement
(City Farmer, 2011)



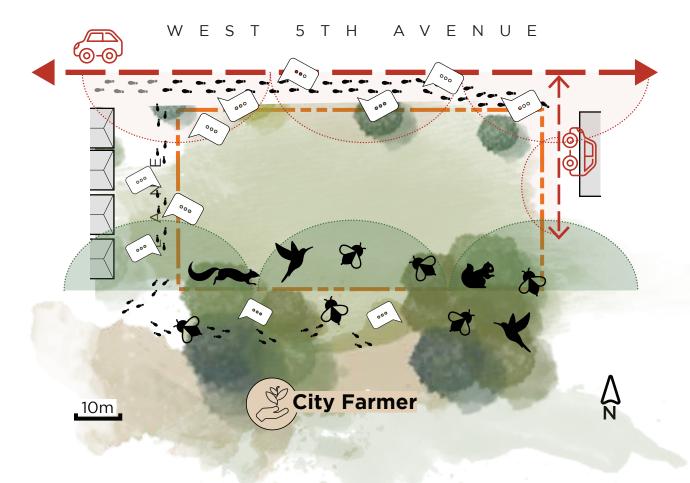
Multi-Family Housing (Site/Parking)
(VanMap, 2022)



On & Off-site Softscaping
Seasonal & Directional Orientation | Sensory Engagement
(City of Vancouver, n.d.)

Site Sensory Engagement

Aural & Tactile



Site Sensory Quality: Aural Sounds of Nature, Life & Activities



5 T H

WEST

AVENUE

Site Sensory Quality: Tactile Sun Path Seasonal Wind Patterns

Program Concepts: Small House Model of Care for Long-Term Care

The "Small House" model of care for dementia is rooted in the atmosphere of home: warm, comforting & predictable living spaces that people have created for themselves their entire lives (Wrublowsky, 2017, p.27)



Scale of Living Environment

Small scale living clusters with shared amenities

(Wrublowsky, 2017, p.27)

Hierarchy and Variety of Spaces

Familiar spatial hierarchy to that of home

(Wrublowsky, 2017, p.27)



Rooted in Atmosphere of Home

Improving resident quality of life & social engagement

Improving staff & caregiver satisfaction

(Verbeek et. al., 2019, p.4)

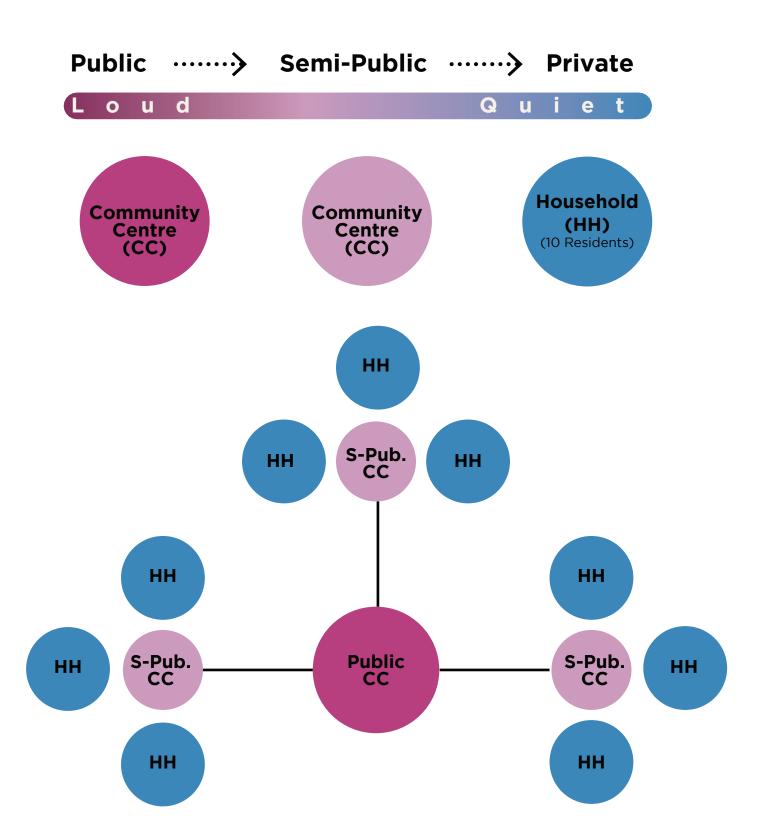


Internal Community:

Residents & Care Givers

External Community:

Resident's Friends & Family



Typical Small House Model of Care:

Off-Site Public Engagement

Small **Separation City Public** House Engagement LTC

2. Large Suburban Sites



The Village Langley (Zimmer, 2019)

Fresh Juice

& Smoothie

Bar

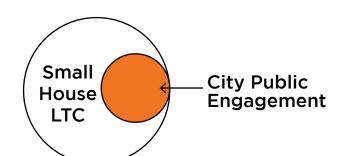


The Village Langley Aerial (Google Earth, 2022)

Project Proposal

Density

On-Site Public Engagement





Social engagements

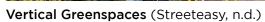
supports a sense of

2. Sensory engaging spaces help people living with dementia orient themsives in spaces

(Feddersen & Lüdtke, 2014, p.12)

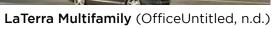
2. Urban Context Response







Vertical **Building &** Greenspace





Green Bluff Terraced Apartments (MapDesign, n.d.)



Green Bluff Terraced Apartments (MapDesign, n.d.)

(Kerpershoek, 2018, p.2)

belonging

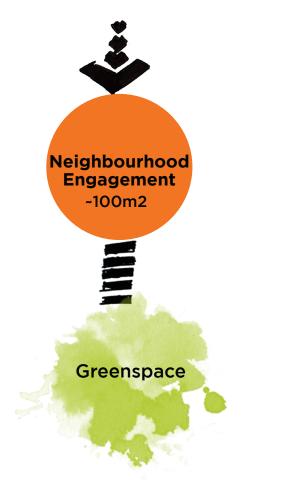
Why)

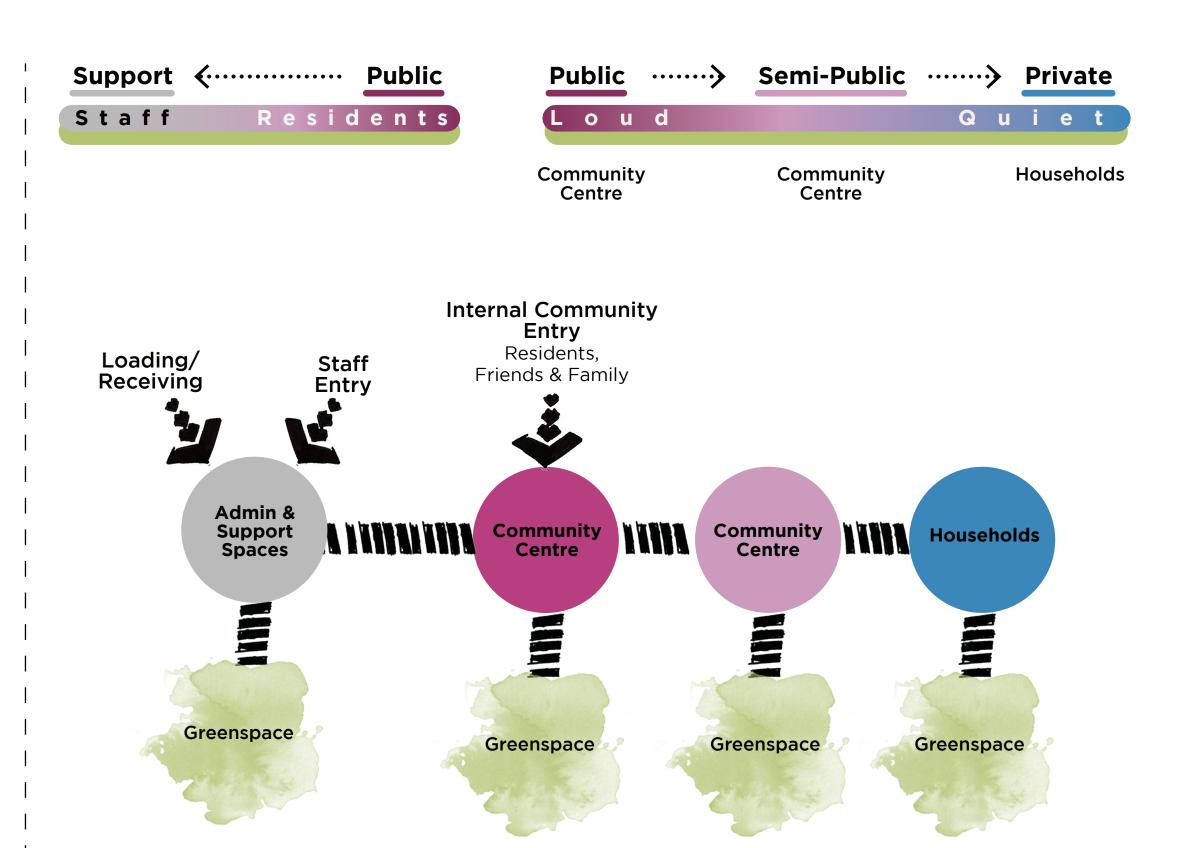
Spatial Relationships As a Whole Spectrum of Spaces



Fresh Juice & Smoothie Bar

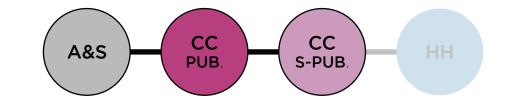
External Community Entry Kitsilano Residents, Visitors, etc.





Spatial Relationships: Community Centre as a Whole

Spectrum of Spaces

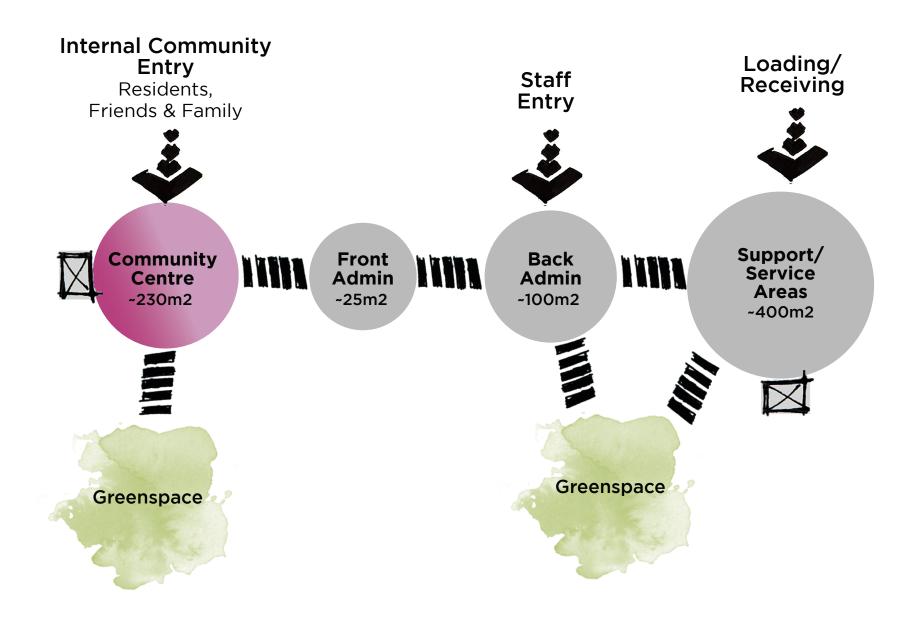


Community Centre
 Common Areas
 Administration (Non front-line)

400 m2 Support/Service

Public Semi-Public Support

Residents Staff





Social hub for internal community

Service/Admin Core for residence



Internal Community: Residents, Care Givers & Support/Service Staff

External Community: Resident's Friends & Family



Access to care & support services that are not appropriate in the household

Providing social spaces outside of household



Primary Adjacency



Vertical Circulation



Public



Semi-Public

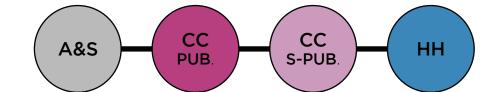


Support/Service

Spatial Relationships: Community Centre Program Spectrum of Spaces

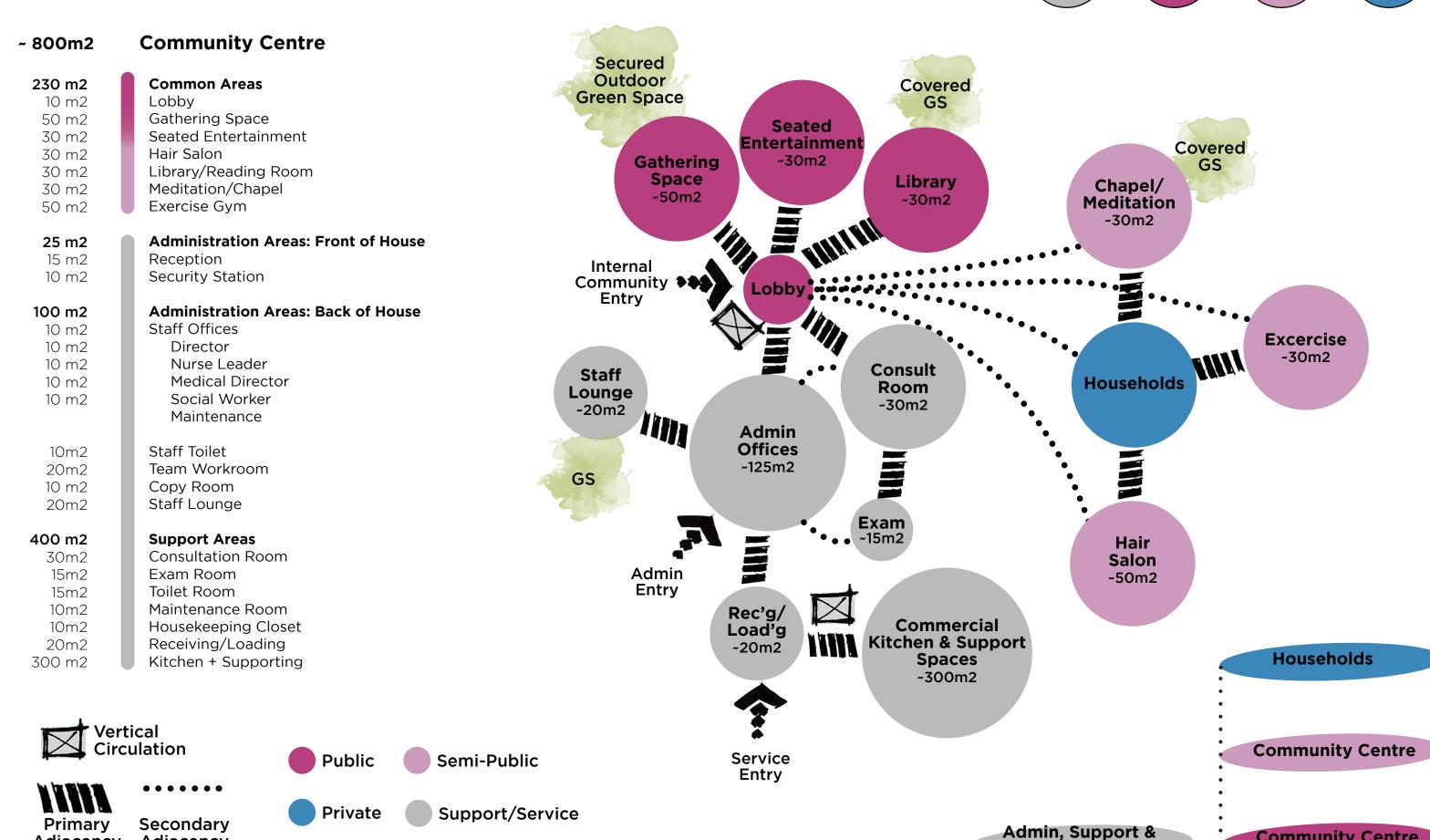
Adjacency

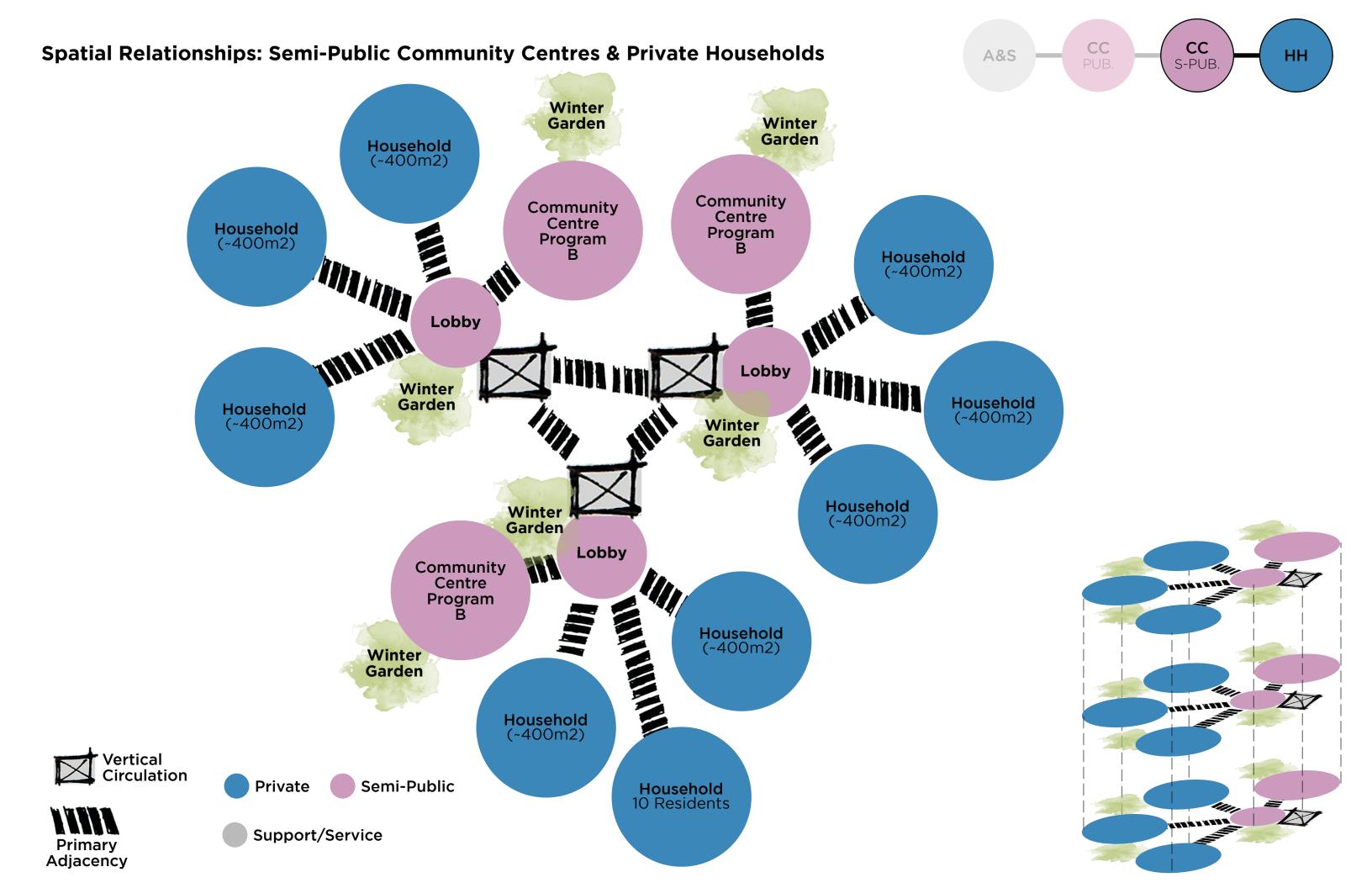
Adjacency



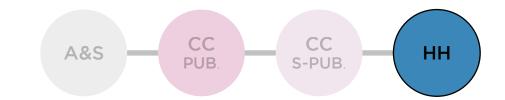
Community Centre

Service





Spatial Relationships: Household as a Whole





200 m2 **Common Areas** 30 m2 Kitchen 40 m2 Living Dining 50 m2 5 m2 Powder Room 80 m2 Secured Outdoor Space Secondary Activity ('Semi-Public') ~50 m2 20 m2 Winter Garden 30 m2 **Semi-Private** ~ 20 m2 20 m2 Spa (bathing room) **Private** Single Occupancy Bedroom with ~ 20 m2 Private Ensuite 20 m2

Support Areas

Medication Room

Laundry - Clean

Laundry - Dirty

Staff Space

Toilet Room

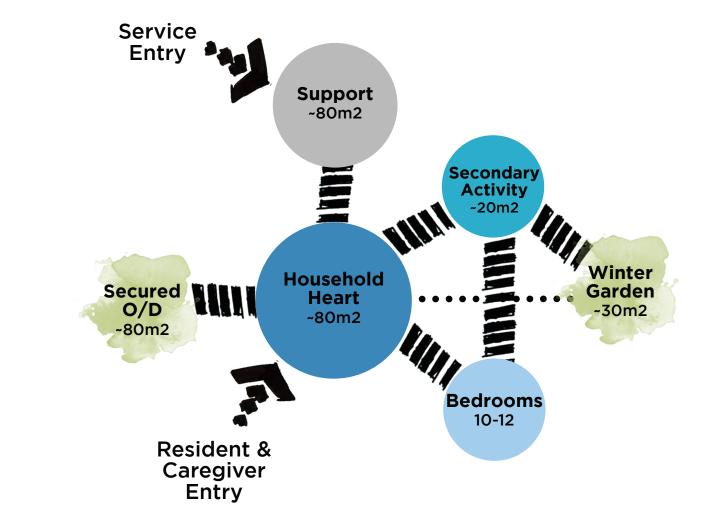
Office

Pantry

Storage

Public Semi-Public Private Support

Residents Staff





~ 50 m2

10 m2

20 m2

10 m2

10 m2

10 m2

~ 30 m2

10 m2

20 m2





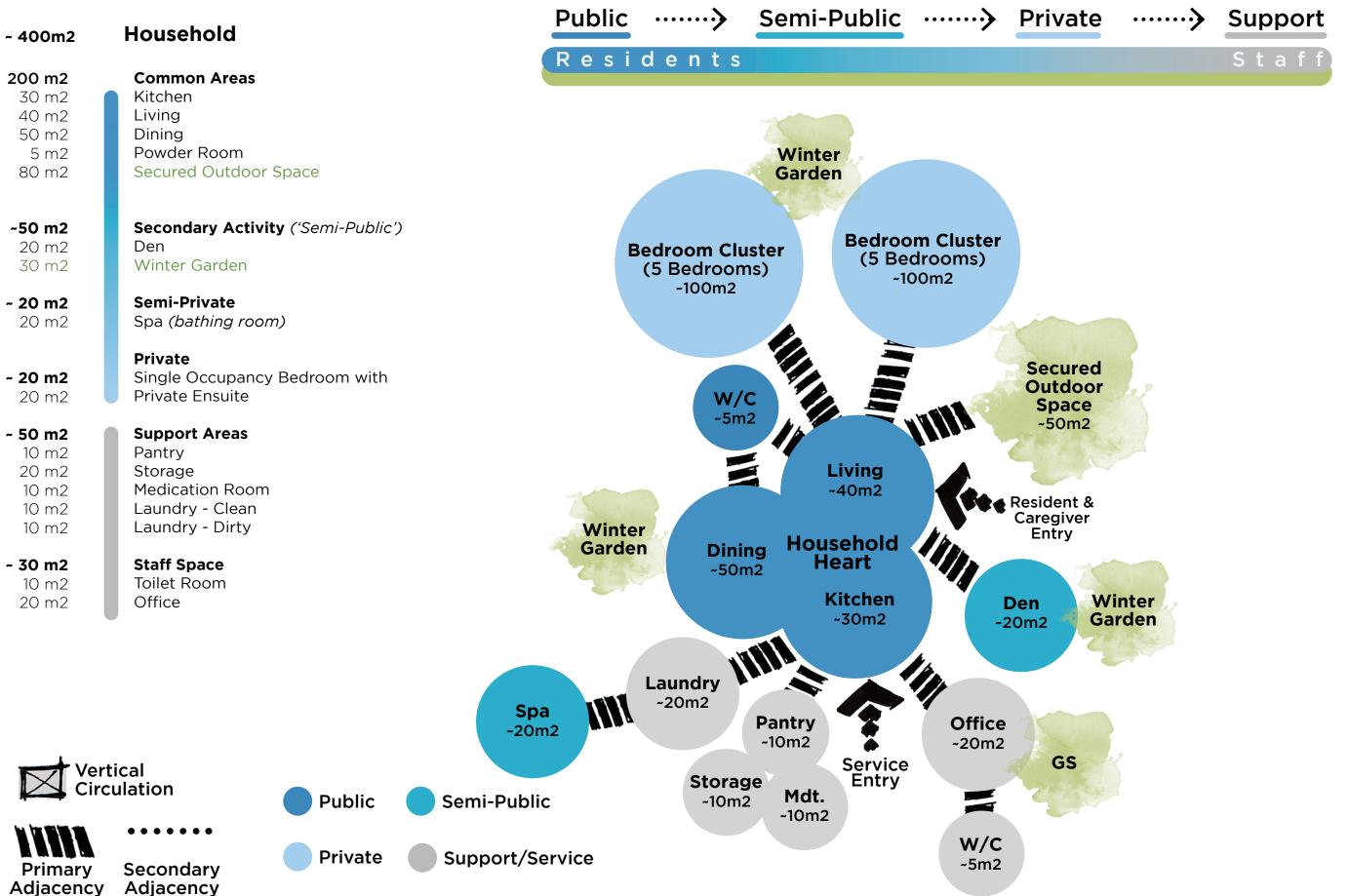
Semi-Public



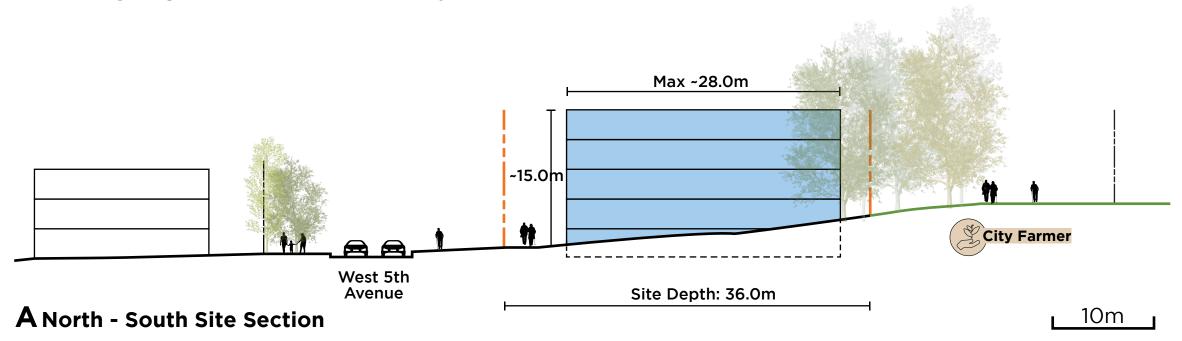


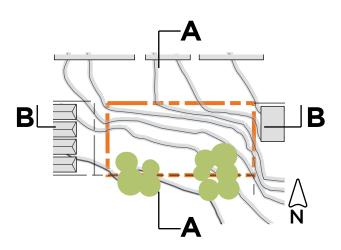
Spatial Relationships: Household Spaces

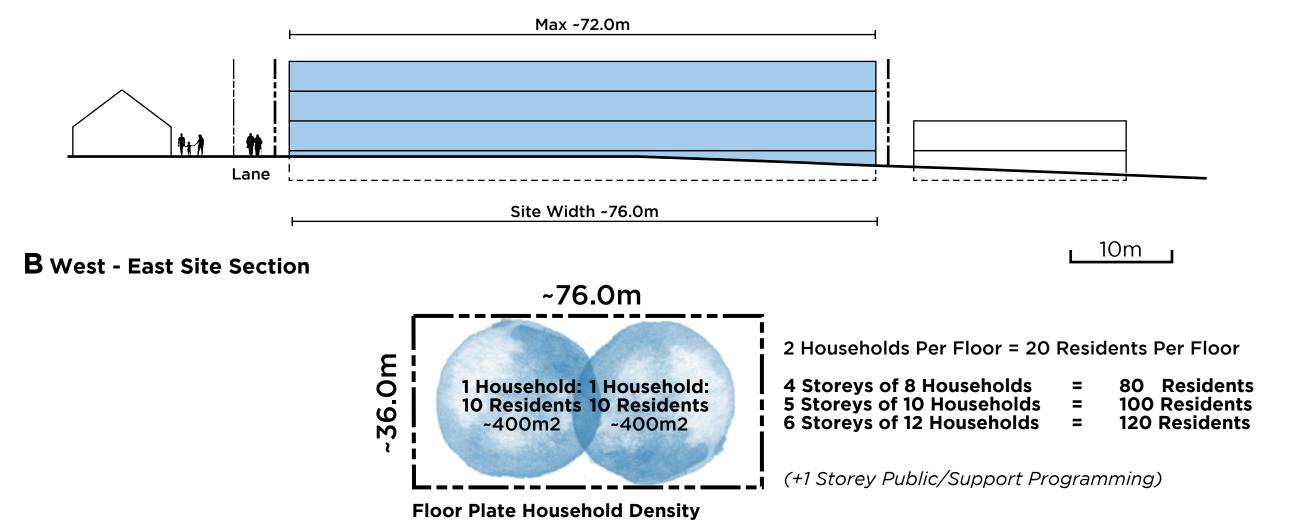




Massing Explorations: Site Density







Site Area: 2,700 m2

Massing Explorations: Driving Concepts

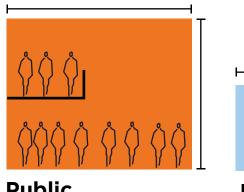
Sensory Engagement

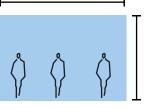
Environmental Cues for Orientation

Sensory Quality of Spaces

Visual | Auditory

Environmental cues for spaces of togetherness or privacy (Feddersen & Lüdtke, 2014, pg. 112)





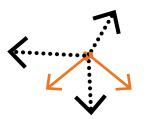
Public

Private

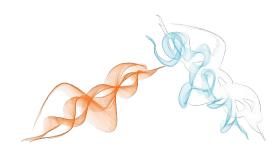
Site Sensory Inventory



Visual & Tactile Seasonal Sun Path



Visual **Near & Distant Views**

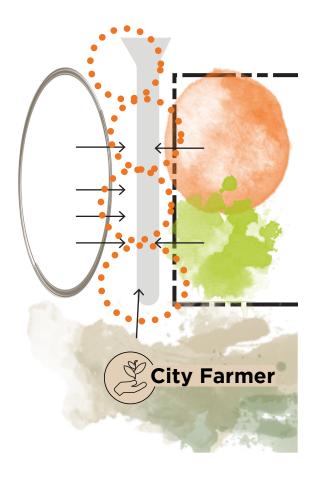


Tactile & Olfactory Seasonal Wind Patterns



Aural Sounds of Nature & People

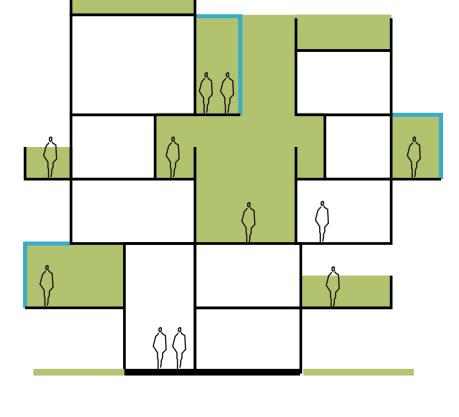
Urban Context Response



Sense of Belonging

Opportunity to create micro-community with proposed public engagement & existing surroundings



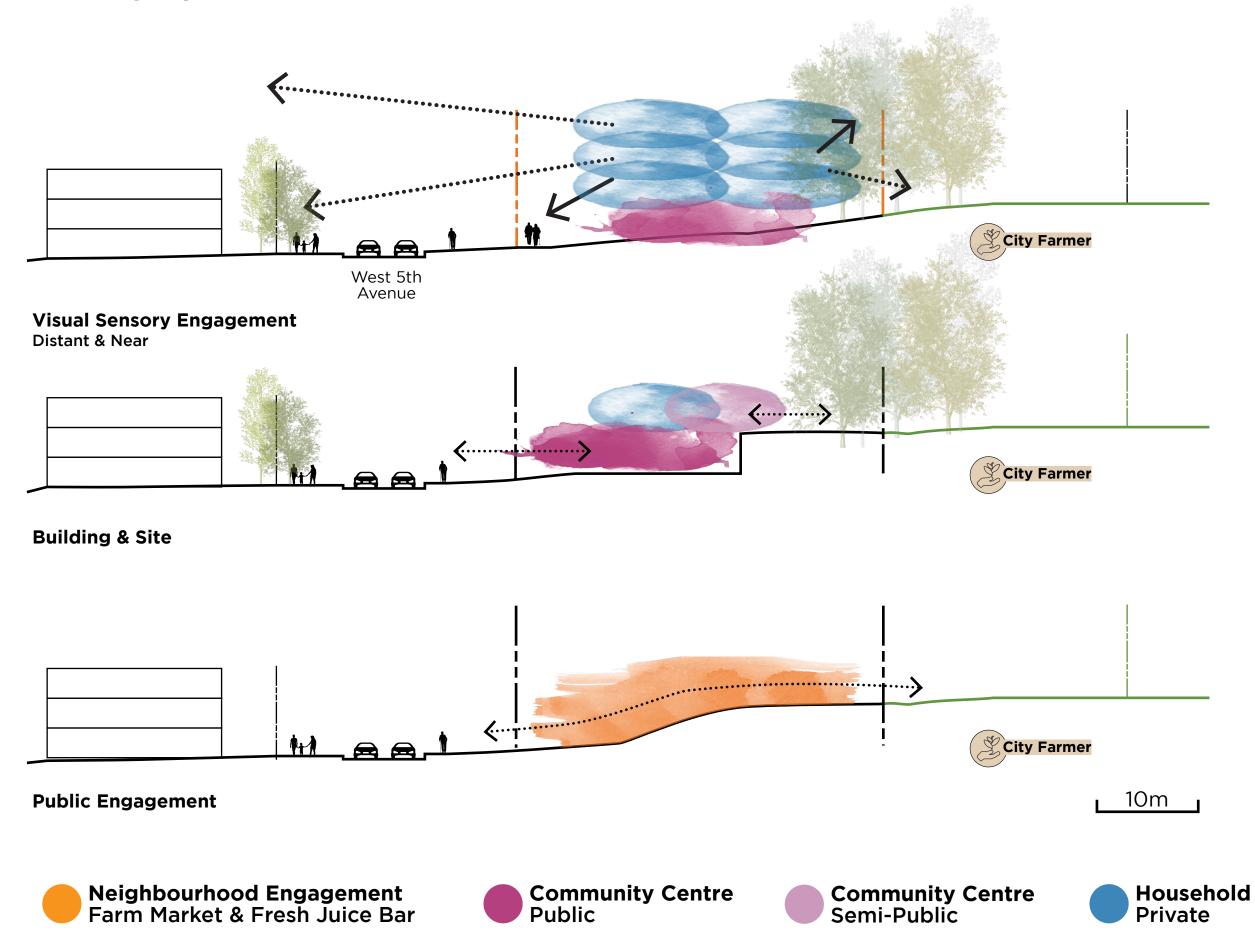


Vertical Response

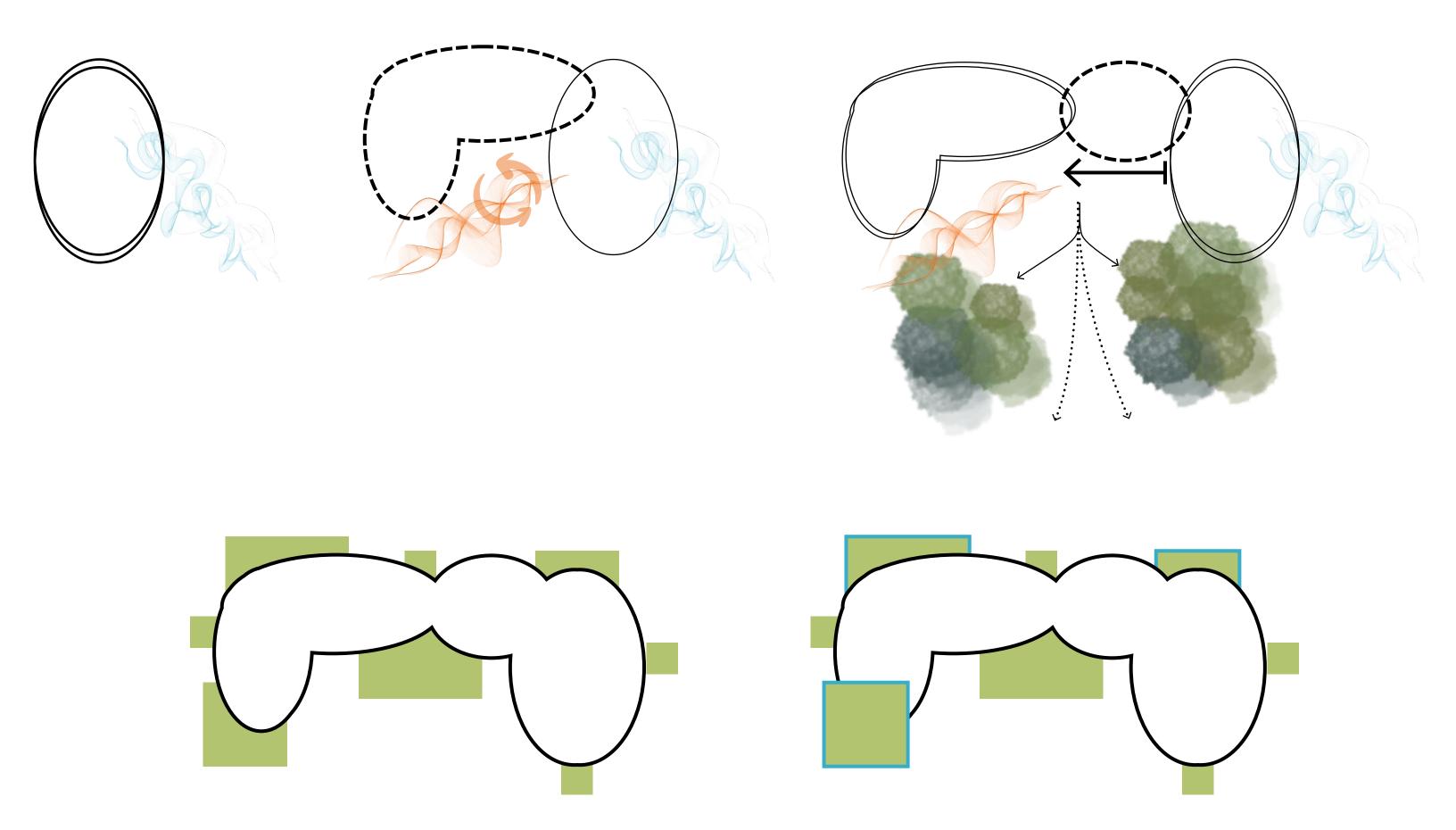
Vertical organization of internal & external spaces



Beginnings of Massing Explorations



Beginnings of Massing Explorations: Site Response



Beginnings of Massing Explorations: Massing Study



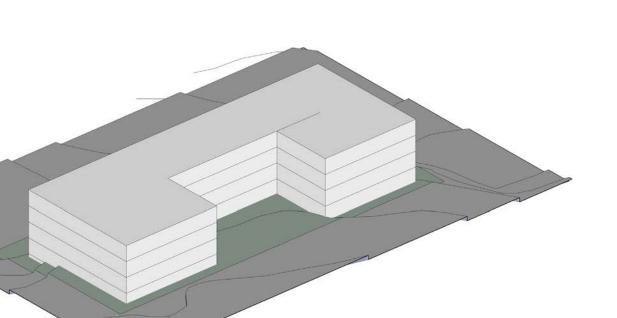
Heritage Retention 2156 West 3rd Avenue

(Google Earth, 2022)

Heritage Retention 1269 West 8th Avenue

(Author, 2022)







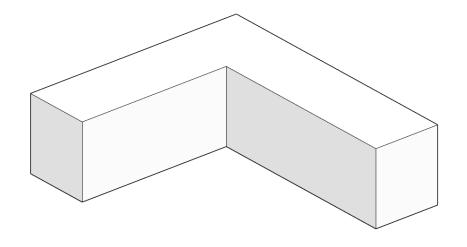
Rooftop Park (Supplied, 2021)



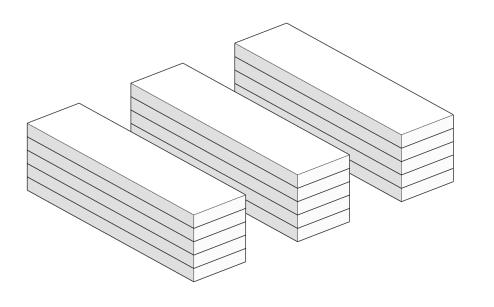
2711 Guelph Street

Multi-Family Greenspace (Mount Pleasant) (Unknown, n.d.)

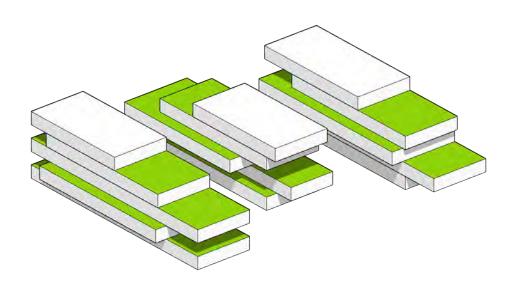
Beginnings of Massing Explorations: Massing Studies



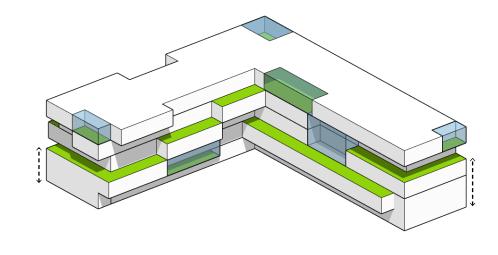
L-Shape Basic Form



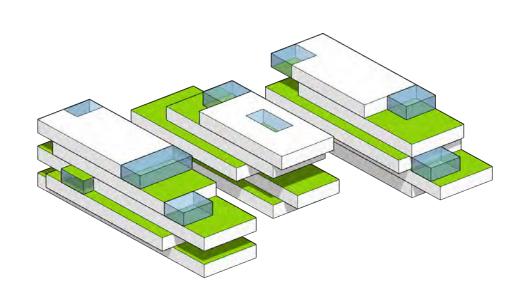
& Exterior Greenspaces



L-Shape Exterior Push + Pull



L-Shape Winter Gardens

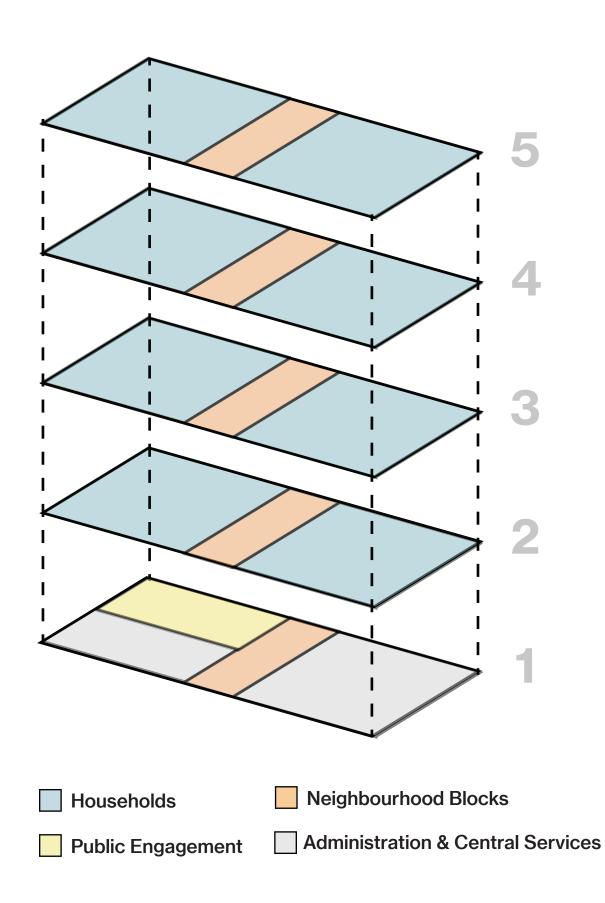


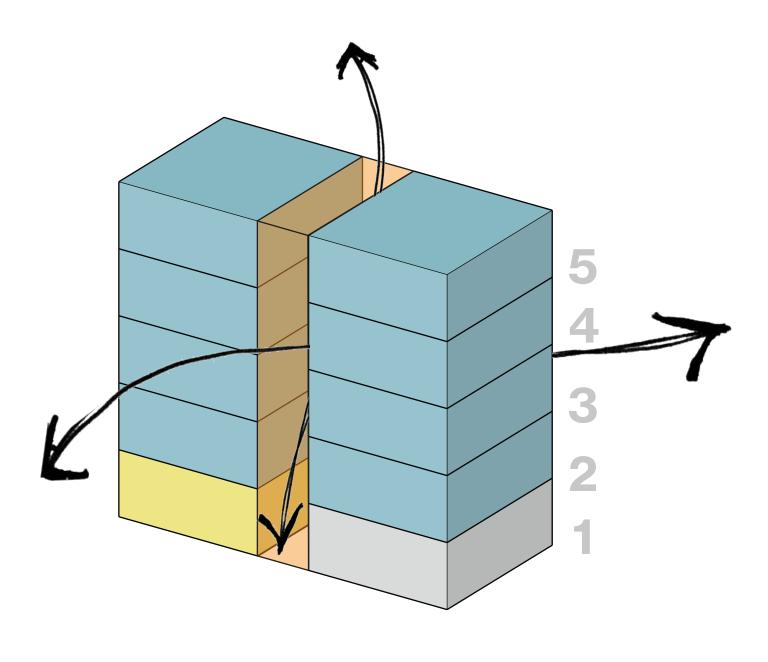
Multi Block Basic Form

Multi Block Exterior Push + Pull & Exterior Greenspaces

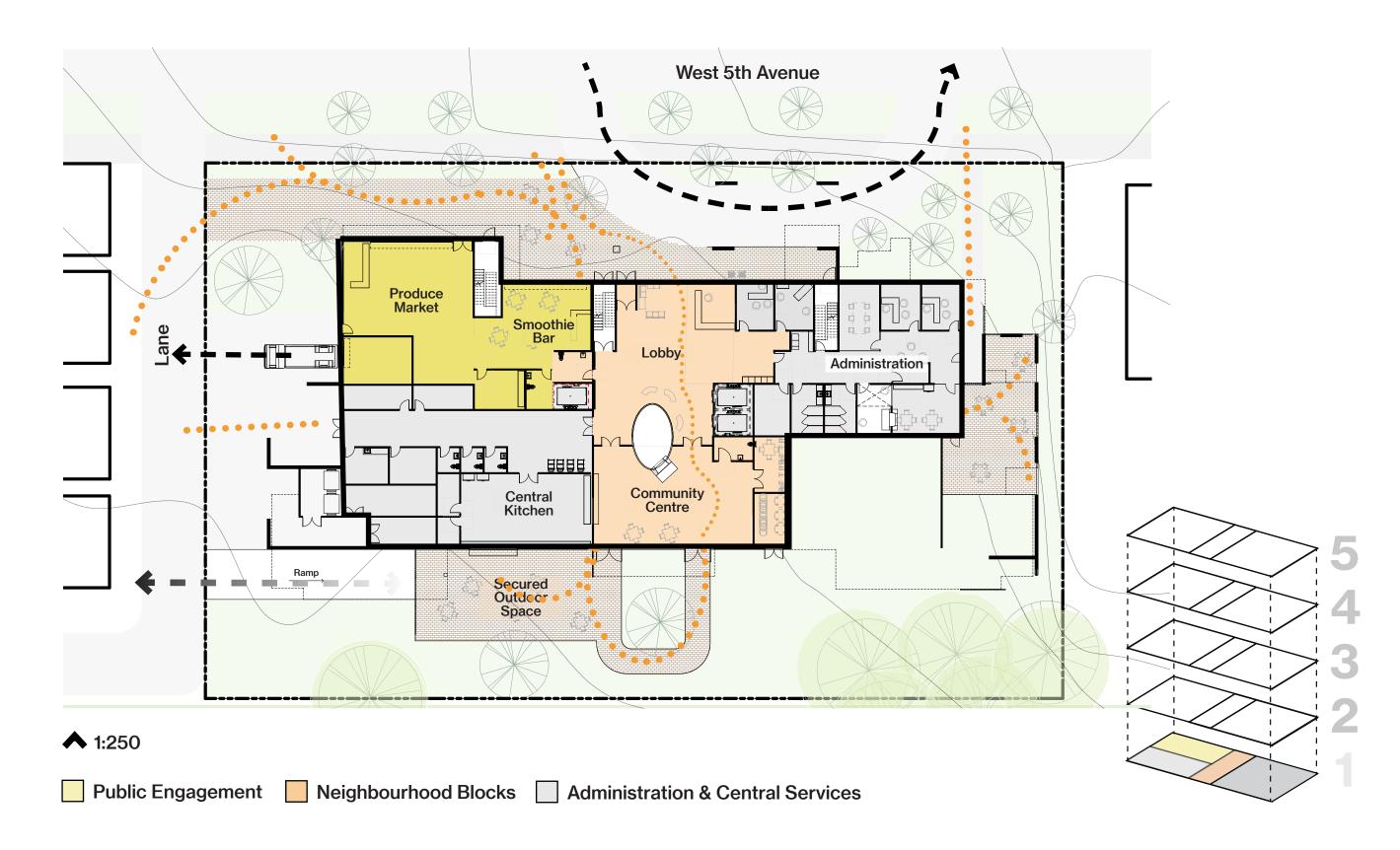
Multi Block Winter Gardens

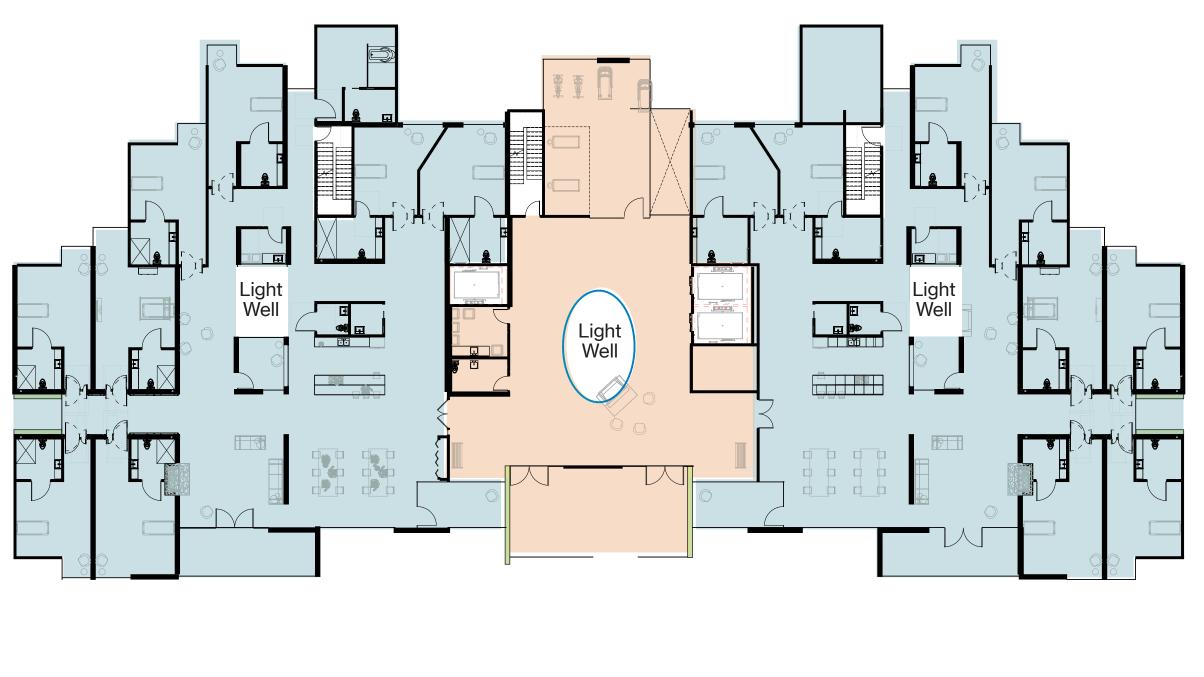
Building OrganizationVertical Organization

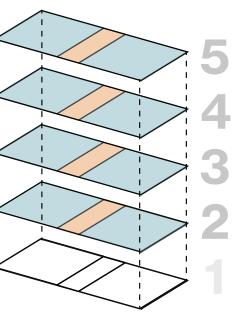




Building Connections







1:250

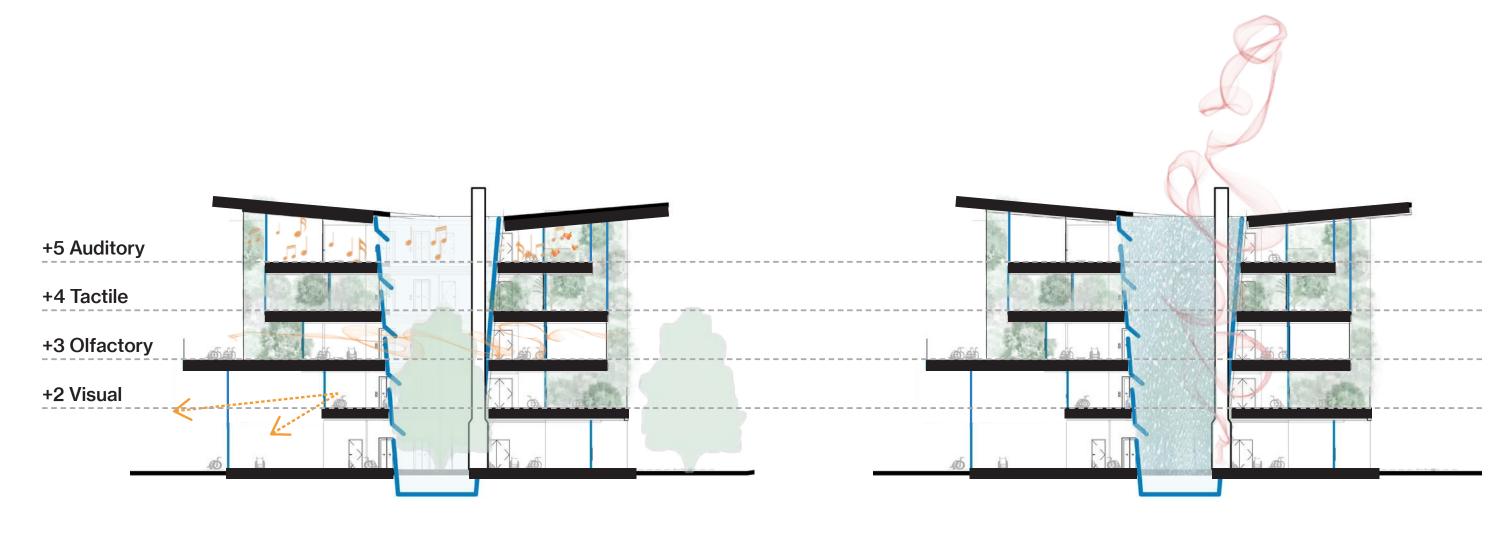
Household

Neighbourhood Block



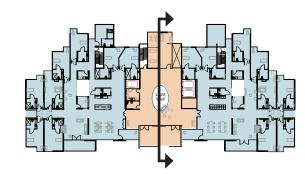


Building Organization Sensory Interactions & Experiences

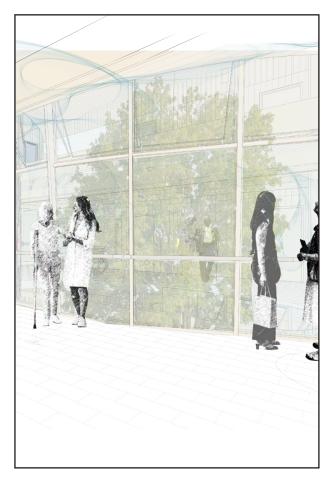


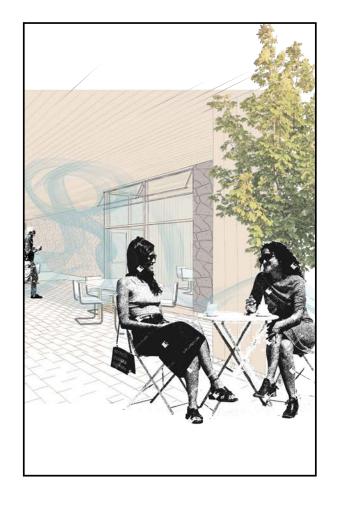
Vertical Sensory Neighbourhood Blocks

Neighbourhood Lightwell











Resident

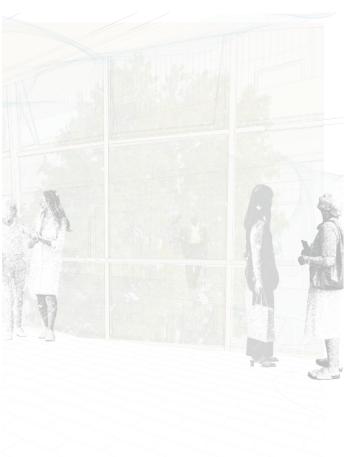
Visitors (Friends & Family)

Staff

Public

Experience of the Built EnvironmentBuilding Occupants







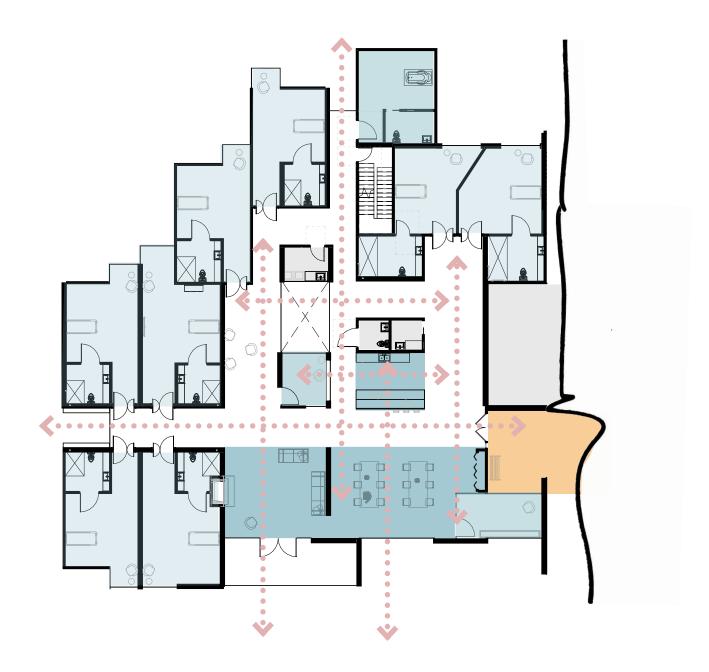


Chapter One: Residents

A Day in the Life of a Resident: Schedule

	530 - 630am	Residents start waking up, getting dressed	6
	800 - 930am	Mealtime - Breakfast	9 6
	930 - 10am	Hygenic Activities	9
	1000 - 1100am	Mid-Morning Activities Physically or Mentally stimulating activity Small walk, reading	9
	1200 - 1000 pm	Mealtime - Lunch	12
	1:00 - 4:00pm	Mid-afternoon Activity Physically or Mentally stimulating activity Physical Therapy Session (outside of household)	12
	5:00 - 6:00pm	Mealtime - Dinner	6
z _z °	8:00 pm +	Bedtime Preparation	3

Building OrganizationSensory Informed Spatial Organization



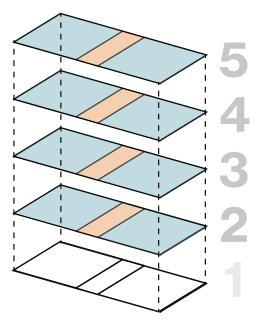
Resident Staff & Support

- Stimulating + Stimulating

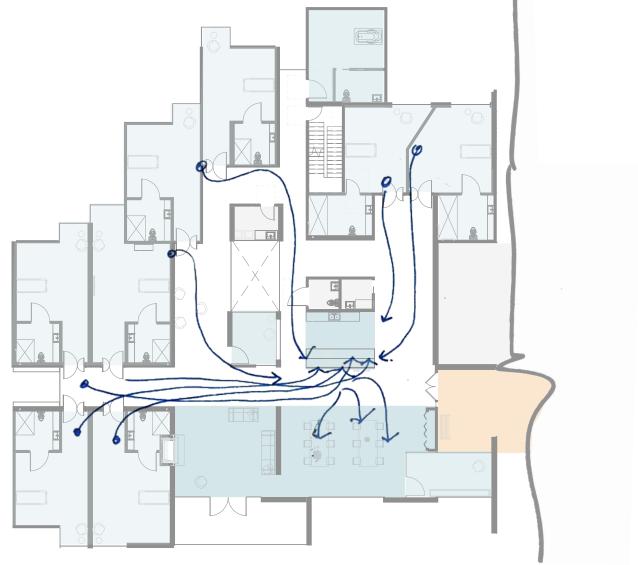
Private Communal
Bedroom Den Living
Bathing Room Greenhouse Dining
Kitchen

StaffSupportLaundryMedicationPowder RoomPantry

Sightlines

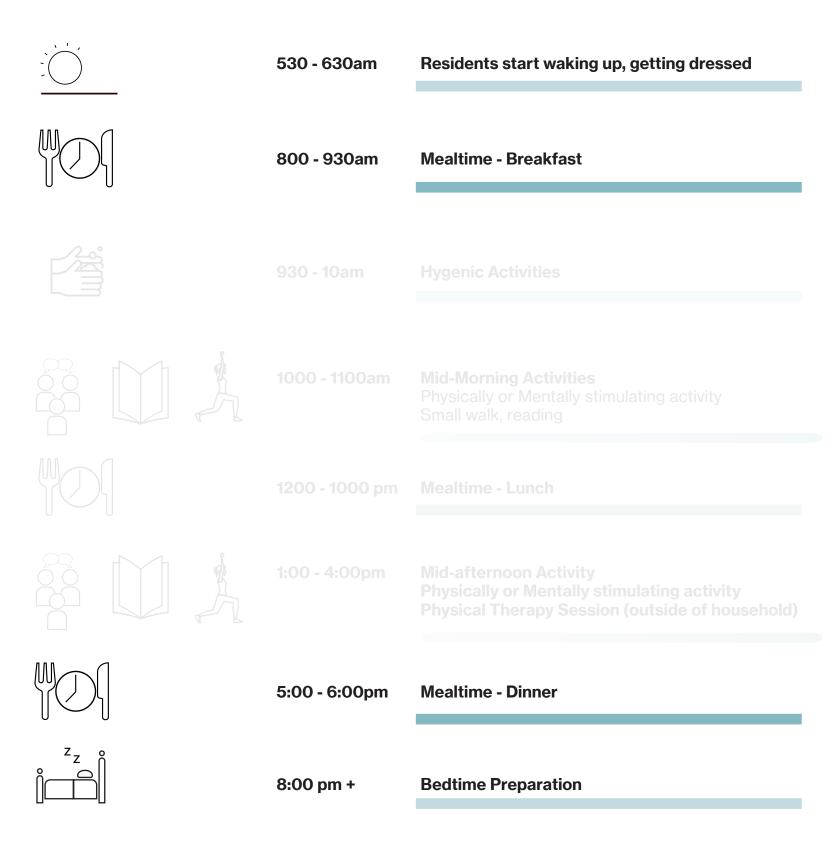


A Day in the Life of a Resident: Movement Within Household

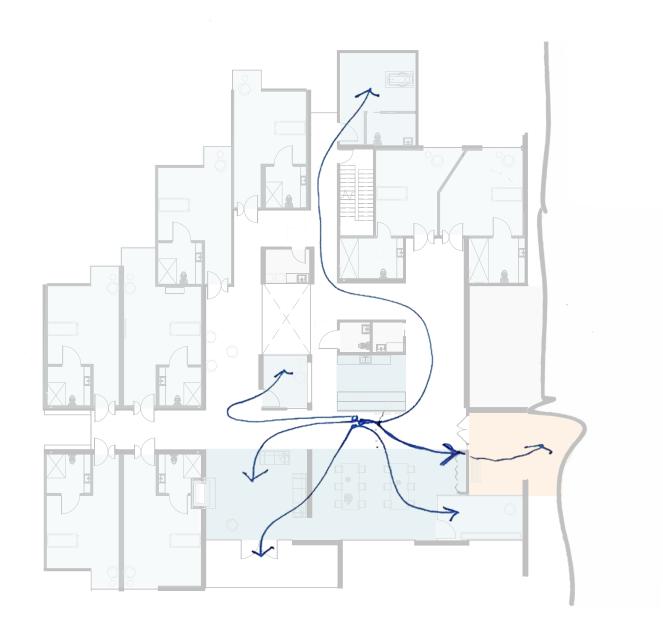


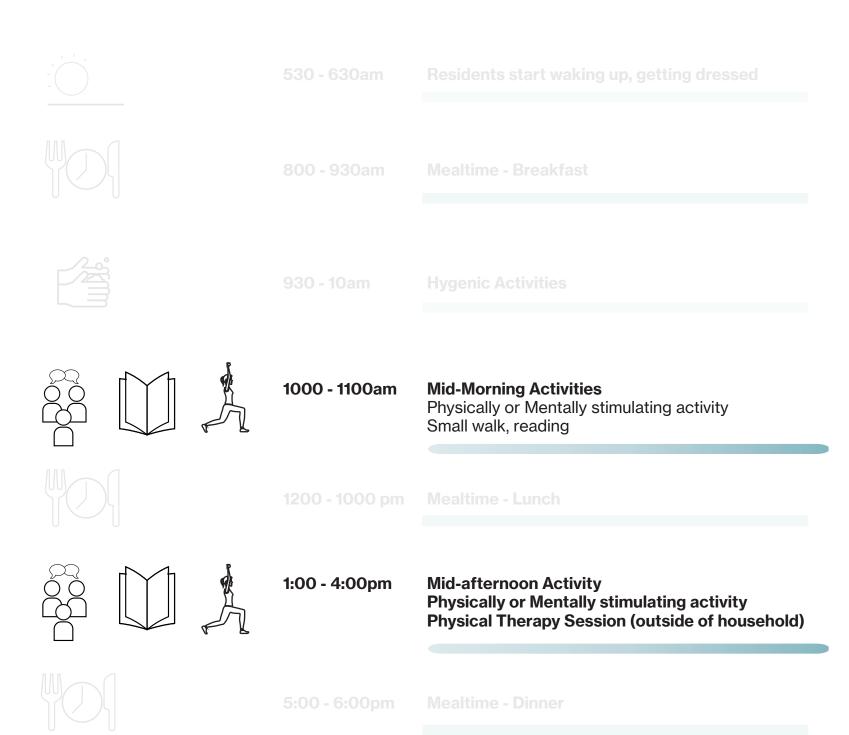


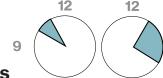




A Day in the Life of a Resident: Movement Within Household

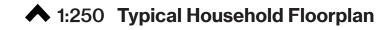






A Day in the Life of a Resident: Bedroom Interactions & Experiences









Residents start waking up, getting dressed





Bedtime Preparation



A Day in the Life of a Resident: Journey to Hub of Home





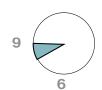
Spatial Organization for Visual & Olfactory Cues for Orientation of Time & Place

A Day in the Life of a Resident: Mealtime Interactions & Experiences







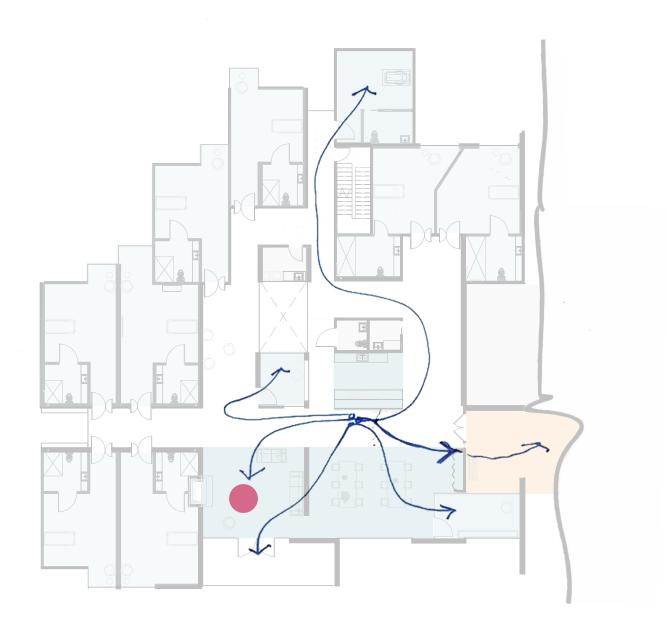






Spatial Organization for Visual & Olfactory Cues for Orientation of Time & Place

A Day in the Life of a Resident: Living Room Interactions & Experiences



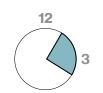




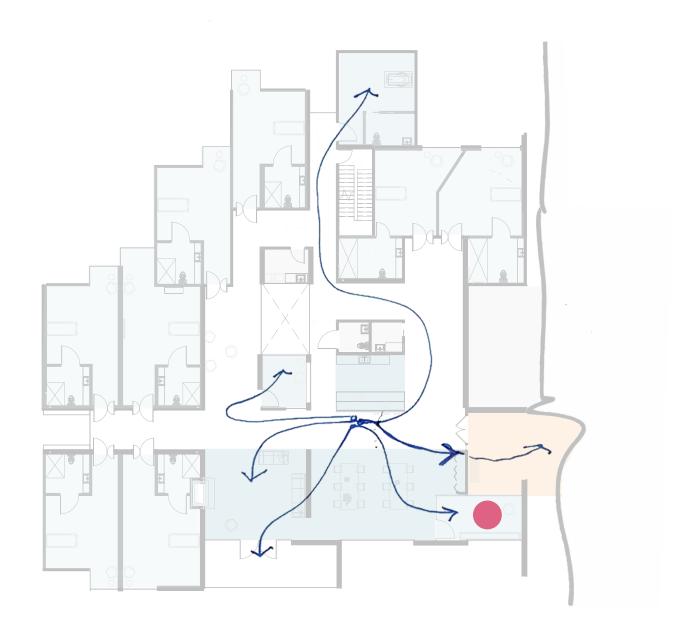


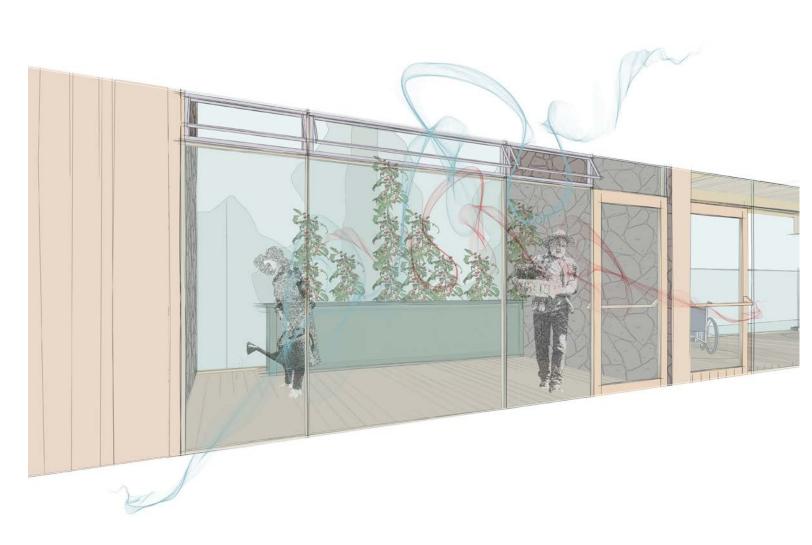






A Day in the Life of a Resident: Greenhouse Interactions & Experiences







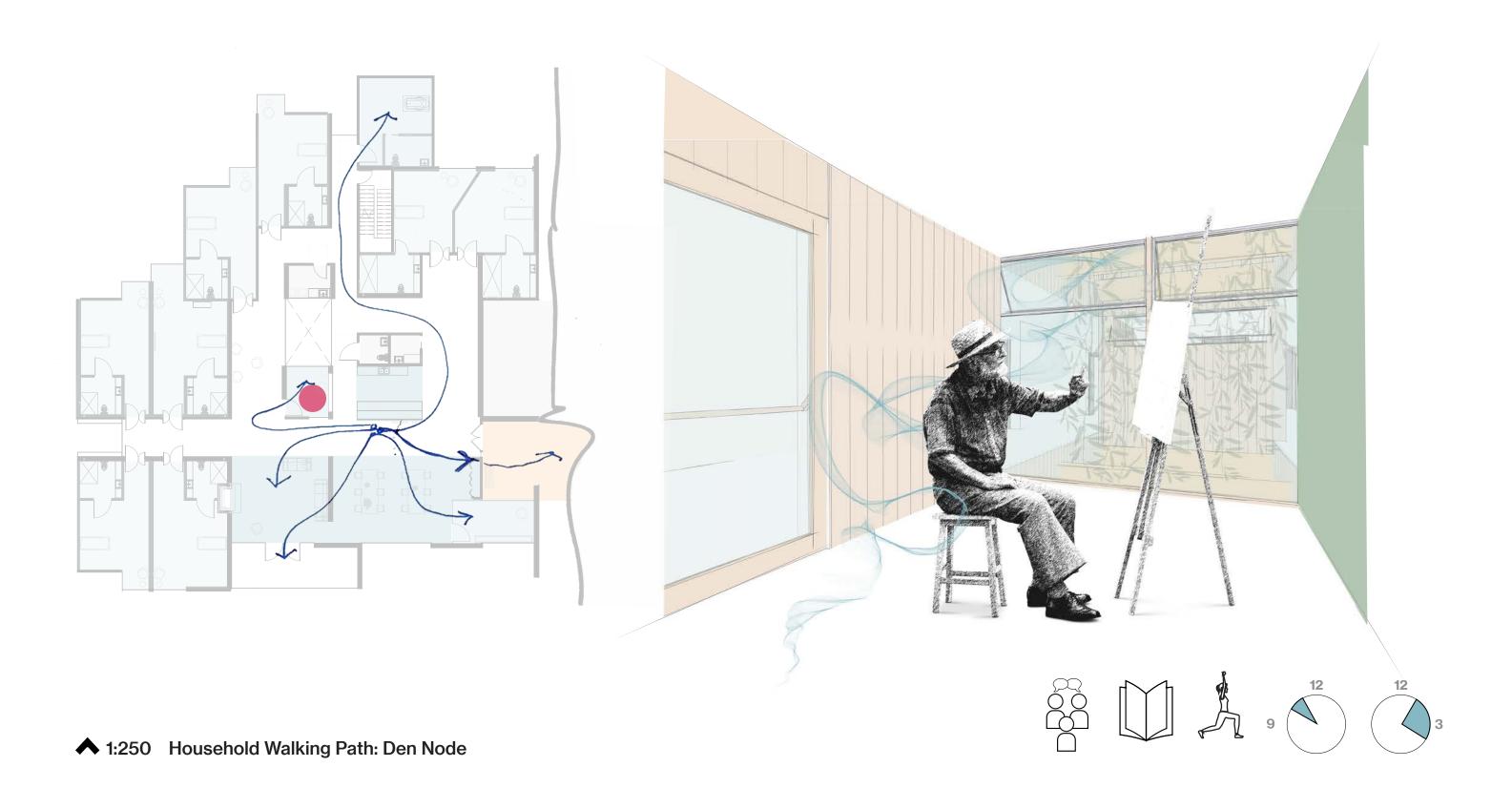




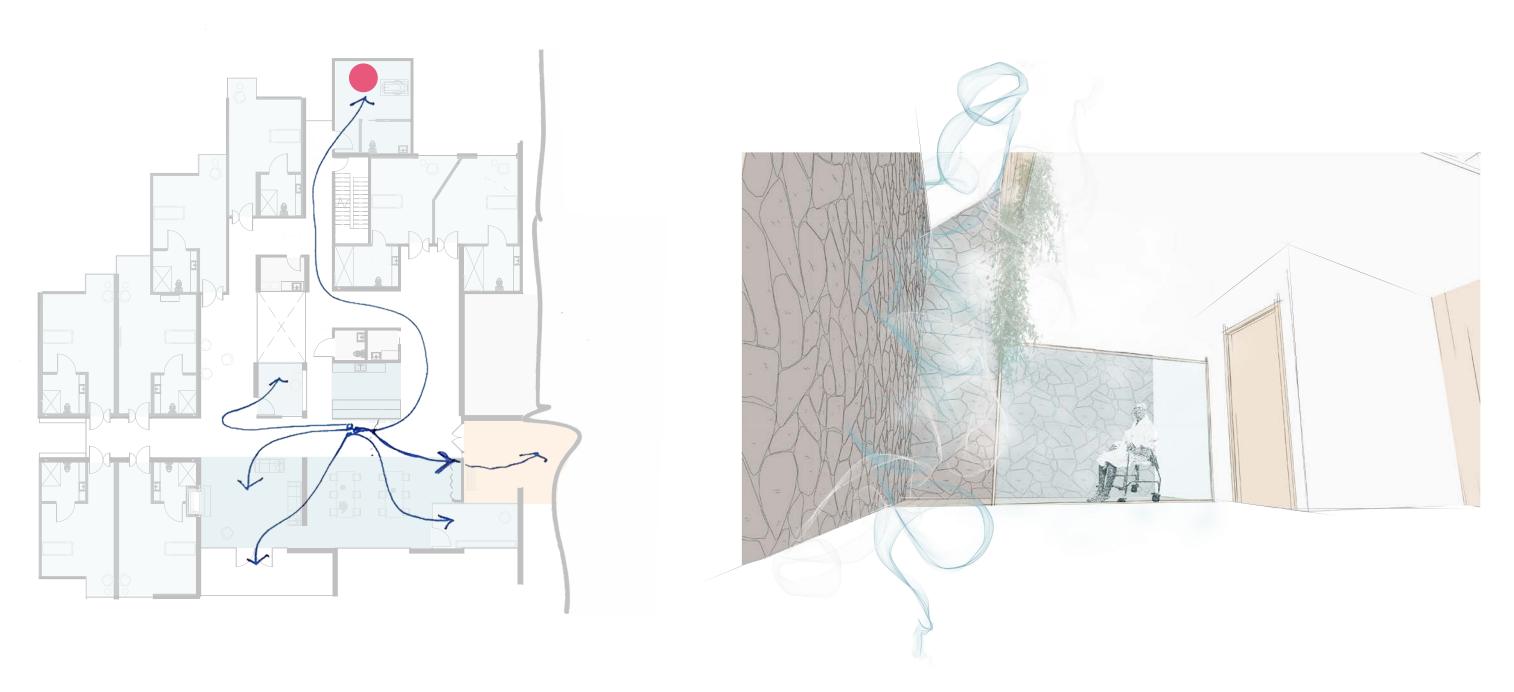




A Day in the Life of a Resident: Den Interactions & Experiences



A Day in the Life of a Resident: Bathing Room Interactions & Experiences

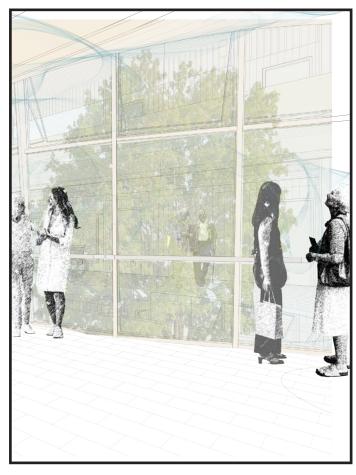


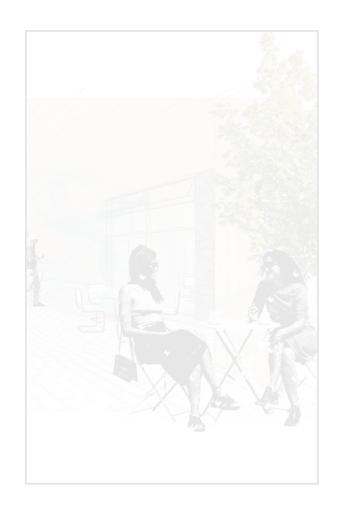




Experience of the Built EnvironmentBuilding Occupants



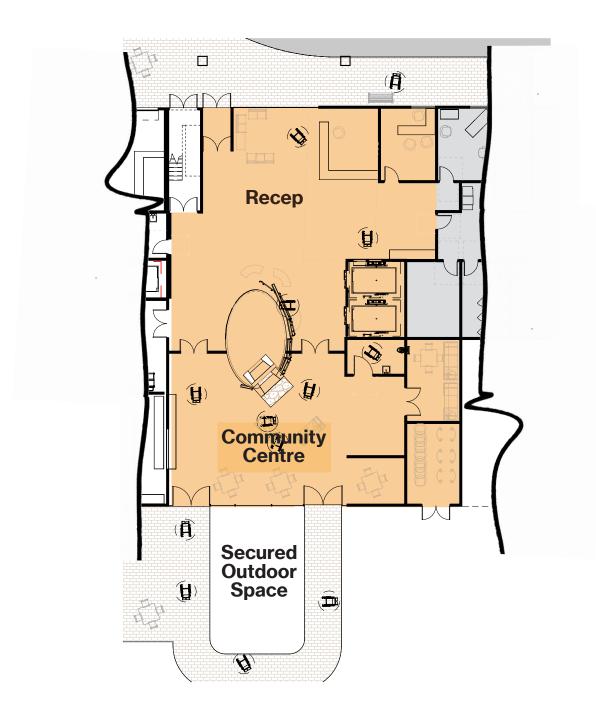






Chapter Two: Visitors

Building OrganizationGround Floor Lobby



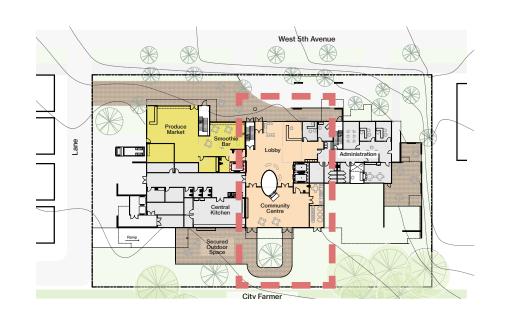
Ground Floor Lobby

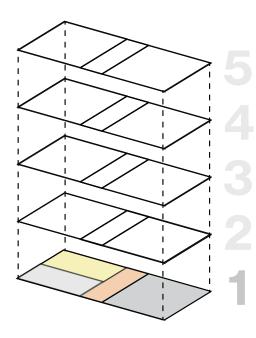
Reception

Lobby

Community Centre

Secured Outdoor Space





↑ 1:250 Ground Floor Lobby

Building Entry Interactions & Experiences



Experience of the Built EnvironmentBuilding Lobby Interactions & Experiences







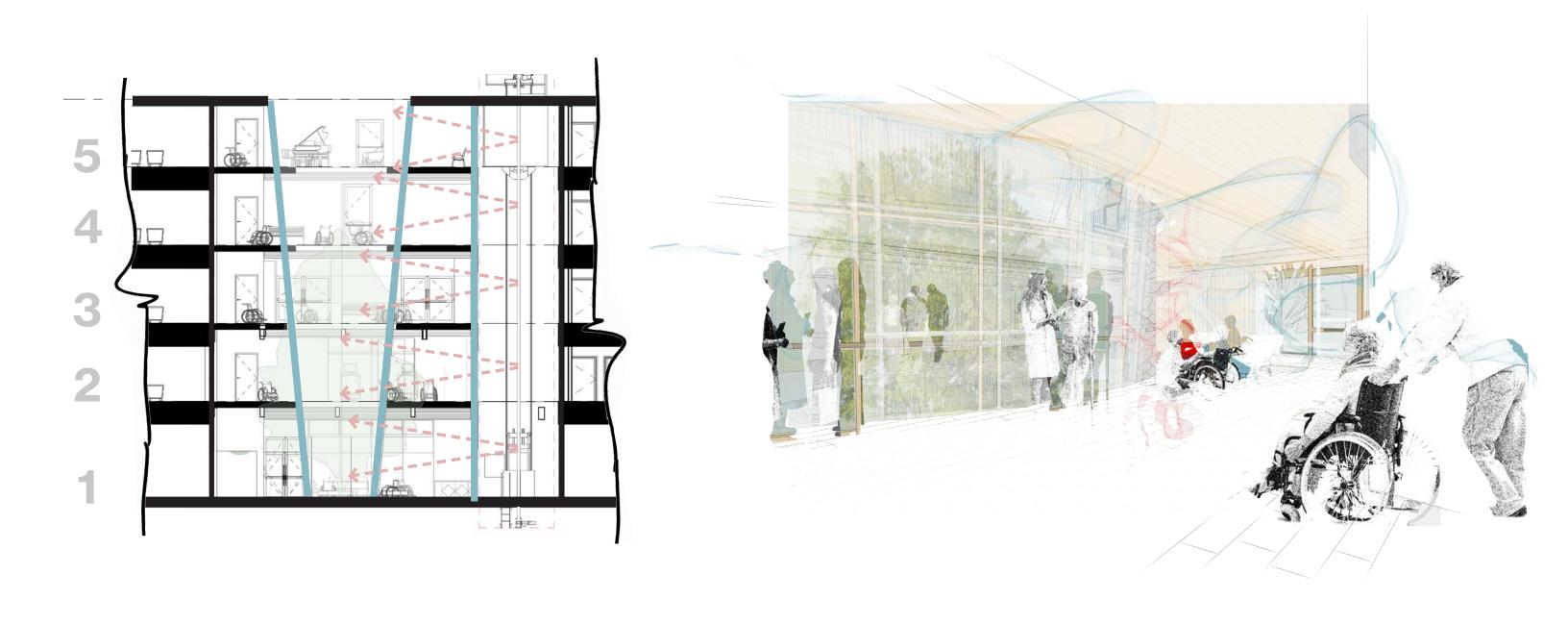
Interaction & Experience at the Community Centre



Interaction & Experience at Secured Outdoor Space

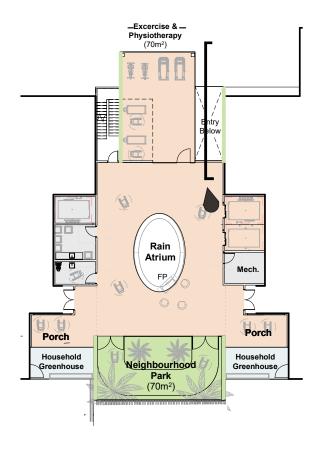


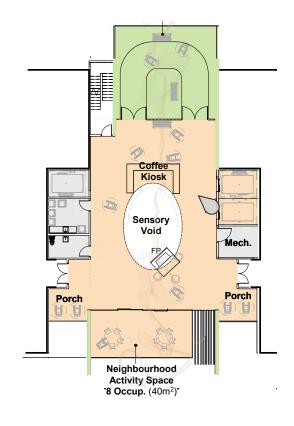


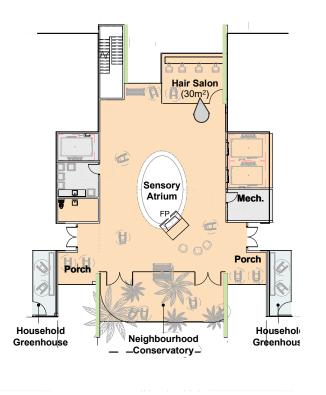


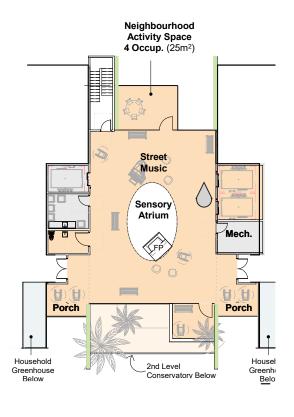
Building Organization

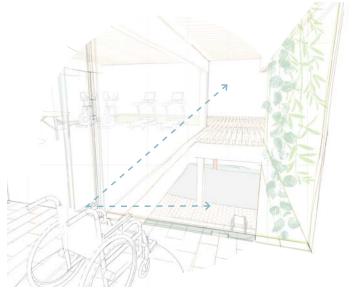
Vertical Neighbourhood Blocks

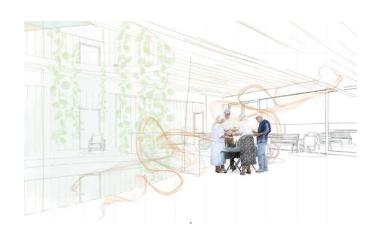




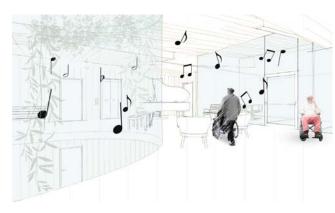












2nd Floor Neighbourhood Block

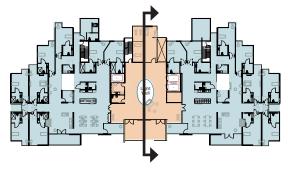
3rd Floor Neighbourhood Block

4th Floor Neighbourhood Block

5th Floor Neighbourhood Block

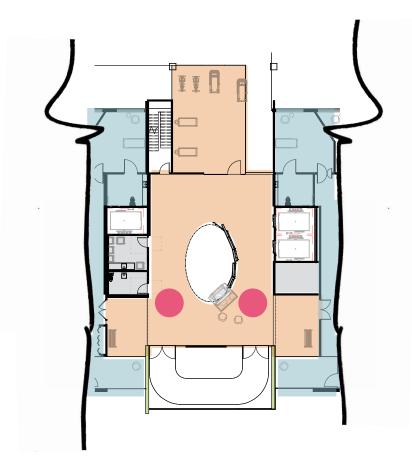
Building Organization Sensory Interactions & Experiences

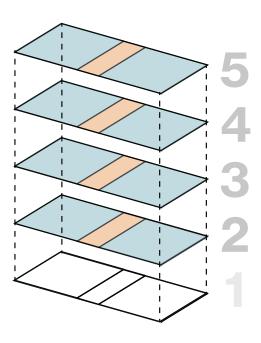




Through the Eyes of a Building Occupant Interactions & Experience at Household Porch



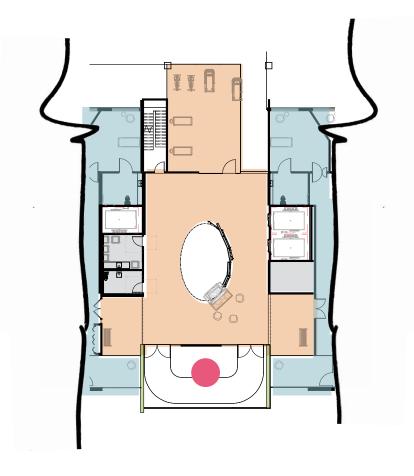


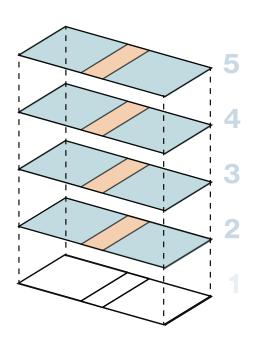


Experience of the Built Environment





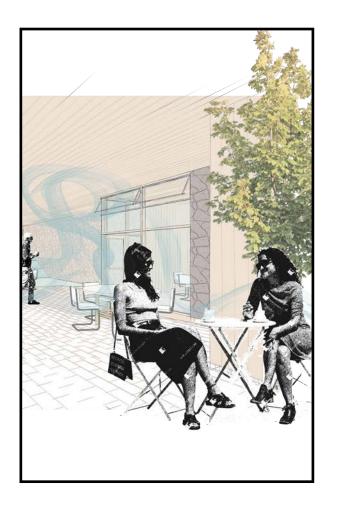


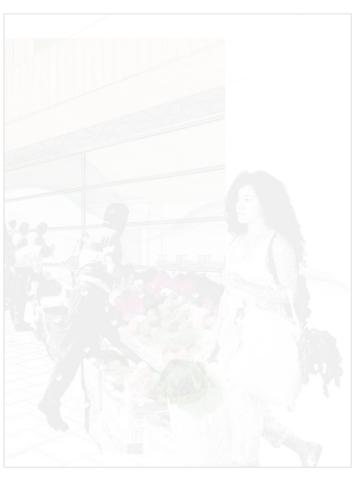


Experience of the Built EnvironmentBuilding Occupants





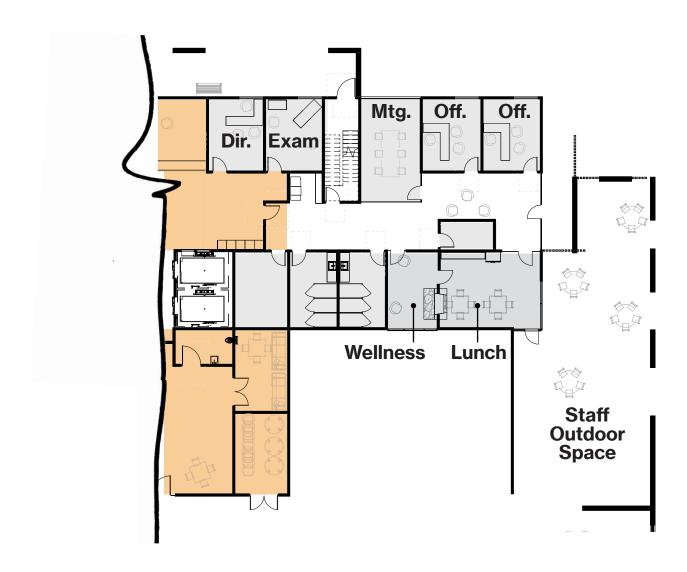




Chapter Three: Staff

Spatial Organization

East Administration Wing



Staff Administration

Director Offices

Consultation Room

Private Offices

Meeting Room

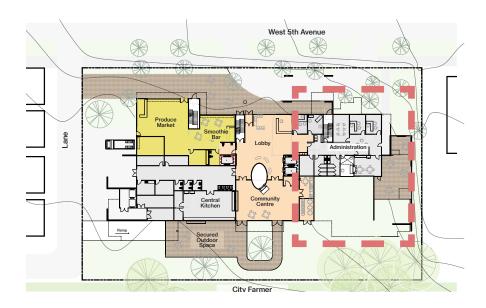
Staff Wellness

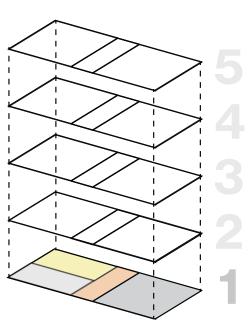
Staff Lunch Room

Staff Outdoor Space

Washrooms

Storage





Staff Administration Pedestrian Access Interactions & Experiences





Experience of the Built Environment Staff Outdoor Space nteractions & Experiences



Experience of the Built Environment
Staff Wellness Lightwell nteractions & Experiences



Experience of the Built EnvironmentBuilding Occupants





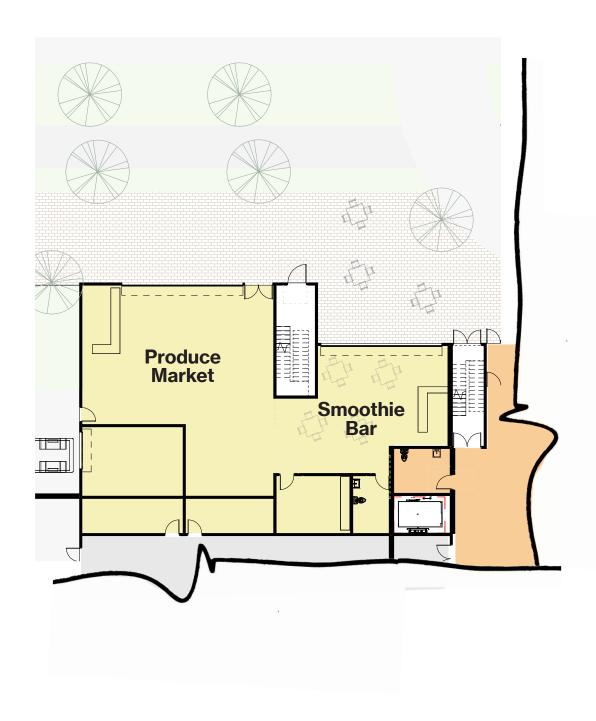




Chapter Four: Neighbours

Building Organization

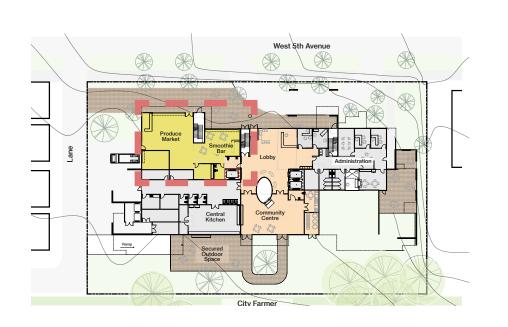
Public Engagement

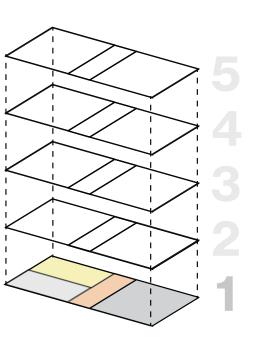


↑ 1:250 Public Engagement FloorPlan

Public Engagement

Smoothie Bar Produce Market





Produce Market & Smoothie Bar Interactions & Experiences





Through the Eyes of a Neighbour Sensory Informed Massing - South Massing



Architectural Character
Sensory Informed Massing - East Massing



Architectural Character
Sensory Informed Massing - East Massing



Sensory-Informed Architecture:

Long-Term Care for Individuals with Mid to Late Stage Dementia



Thankyou!